



Christopher P. Silveri, M.D.
Spinal Surgeon
Fair Oaks Orthopaedic Associates
703-391-0111

New Technology in Spinal Surgery is once again upon us. **Patients with neck pain now have a choice and may be able to avoid fusion surgery!**

I have been chosen as a clinical instructor representing our region, during the nationwide roll out of the new FDA approved Cervical Disc Replacement device. If you feel that you have failed conservative treatment, then you may be a candidate for motion preserving disc replacement surgery instead of cervical fusion. Below are the highlights. Please contact Trisha at 703-391-0111 to facilitate an evaluation.

Overview

The PRESTIGE® Cervical Disc is a stainless steel surgical implant indicated to treat patients suffering from degenerative disc disease (DDD) of the cervical (neck) spine. The patented ball-and-trough design allows for a variable center of rotation, meaning the disc is designed to better replicate the motion of a naturally functioning cervical spine.

Who can benefit?

It is estimated that more than 200,000 patients receive surgical treatment for cervical DDD. Patients suffering from single-level cervical DDD with problematic radiculopathy which is arm pain numbness, tingling, and/or weakness from a pinched nerve in the neck related to a herniated disc. Many patients will also have some element of neck pain going along with it. Patients may also have bone spurs causing irritation of the nerve root, with arm pain and/or neck pain.

The PRESTIGE® Cervical Disc

The disc was approved by the FDA after reviewing data from the largest completed clinical trial to date involving the cervical spine. Patients in the study showed superior overall success and superior neurological success which incorporated sensory, motor, and reflex functions. The PRESTIGE Disc is the first artificial disc approved by the FDA for use in the U.S.

Respectfully,

Christopher Silveri, M.D.